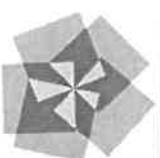




Menu Week Commencing 28 JANUARY 2019



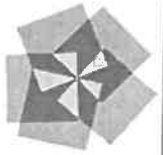
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN OPTION 1	CHICKEN BURGER, CHIPS & BAKED BEANS	PORK MEATBALLS IN TOMATO SAUCE WITH RICE & VEGETABLES	BEEF BOLOGNAISE PASTA WITH GARLIC BREAD & SWEETCORN	ROAST BEEF & YORKSHIRE PUDDING, WITH CREAMED POTATOES, ROAST PARSNIPS &	SALMON FISHCAKE WITH POTATO WEDGES & PEAS
MAIN OPTION 2	VEGETABLE BURGER, CHIPS & BAKED BEANS	CHEESY PASTA, CRUSTY BREAD AND MIXED VEGETABLES	JACKET POTATO WITH CHEESE & BAKED BEANS	VEG SAUAGES (V) & YORKSHIRE PUDDING, WITH CREAMED POTATOES, ROAST PARSNIPS & BROCCOLI	PIZZA WITH POTATO WEDGES & PEAS
DESSERT OPTION A	JAM SPONGE & CUSTARD	LEMON SHORTCAKE & CUSTARD	FLAPJACK & STRAWBERRY MILKSHAKE	CHERRY PIE & CREAM	CHOCOLATE BROWNIE & BOX OF RAISINS
DESSERT OPTION B	FRUIT & YOGHURT	FRUIT SALAD	YOGHURT & FRESH FRUIT	FRUIT SALAD	YOGHURT & SHORTBREAD
MAIN OPTION					
DESSERT OPTION					



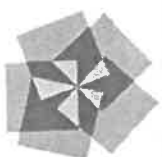
Menu Week Commencing 4 FEBRUARY 2019



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN OPTION 1	SAUSAGE & YORKSHIRE PUDDING WITH CREAMED POTATO, BROCCOLI & CARROTS	CHEESE & TOMATO PASTA WITH GARLIC BREAD & SALAD	STEAK PIE WITH CREAMED POTATOES, CABBAGE & MIXED VEG	ROAST CHICKEN & STUFFING WITH ROAST POTATOES, BROCCOLI & SWEETCORN	BREADED FISH WITH CHIPS & BAKED BEANS
MAIN OPTION 2	VEGETABLE CURRY WITH RICE BROCCOLI & CARROTS	BBO QUORN QUESADILLA WITH JACKET POTATO & SALAD	WINTER VEGETABLE COBBLER WITH CREAMED POTATOES, CABBAGE & CARROTS	CHEESE & RED PEPPER OMELETTE WITH DICED POTATOES & SWEETCORN	CHEESE & TOMATO QUICHE WITH CHIPS & BAKED BEANS
DESSERT OPTION A	APPLE SPONGE & CUSTARD	SYRUP SPONGE & CUSTARD	JAM SHORTCAKE SQUARE & CUSTARD	FLAPJACK & BANANA MILKSHAKE	CHOCOLATE MOUSSE
DESSERT OPTION B	FRUIT & YOGHURT	FRUIT SALAD	FRUIT & YOGHURT	FRUIT SALAD	FRUIT & YOGHURT
MAIN OPTION					
DESSERT OPTION					



Menu Week Commencing 11 FEBRUARY 2019



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN OPTION 1	CHICKEN IN A CREAMY MUSHROOM SAUCE WITH RICE & MIXED VEG	BEEF LASAGNE & CRUSTY BREAD WITH SWEETCORN	ROAST PORK & APPLE SAUCE WITH ROAST POTATOES, BROCCOLI & CARROTS	MINCED BEEF PIE WITH CREAMED POTATOES & GREEN BEANS	BREADED FISH WITH CHIPS, PEAS & KETCHUP
MAIN OPTION 2	QUORN BALLS IN TOMATO SAUCE WITH RICE & MIXED VEG	VEGETARIAN LASAGNE (V) & CRUSTY BREAD WITH SWEETCORN	QUORN SAUSAGES (V) & YORKSHIRE WITH ROAST POTATOES, BROCCOLI & CARROTS	VEG COTTAGE PIE WITH GREEN BEANS	VEG BURGER WITH CHIPS, PEAS & KETCHUP
DESSERT OPTION A	LEMON SPONGE WITH CUSTARD	APPLE CRUMBLE WITH CUSTARD	FRUIT MUFFIN	CHEERY SHORTCAKE & CUSTARD	FRUIT SMOOTHIE & SHORTBREAD
DESSERT OPTION B	YOGHURT & FRESH FRUIT	FRUIT SALAD	YOGHURT & FRESH FRUIT	CHEESE & BISCUITS WITH FRUIT	YOGHURT & FRESH FRUIT
MAIN OPTION					
DESSERT OPTION					