



PE Long term planning - Year 4

Year 4	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Session 1 Suggested themes	Games Unit 1: Net, court and wall	Games Unit 3: Invasion games	Games Unit 4 Striking and fielding	Athletics Unit 1 Running Jumping Throwing	Athletics Unit 1 Running Jumping Throwing	Games Unit 2: Problem solving and inventing games OAA Using a map Communication
Session 2 Suggested themes	Dance Unit 1: These shoes are made for walking Giraffes can't dance Rubbish	Gymnastics Unit Q: Receiving body weight	Dance Unit 2: Electricity	Gymnastics Unit R: Balance Change face and direction	Dance Unit 4: Wimbledon	Gymnastics Unit S: Rolling



St Helena's Church of England Primary School

To learn is to live.

